<u>Long Tone Scorecard</u> - Play each note as long as possible. While holding the note, critique your sound. Record how many beats you can hold the tone (metronome set at "60" or count the seconds on a clock) Long Tones <u>WILL</u> improve your: 1) "sound" 2) "stamina" 3) "breath control" 4) "intonation"

Date #1:	Date #2:	LOW NOTES:							MIDDLE NOTES:							HIGH NOTES:							
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